

# Continuing Education Series



28 JULY

1300-1500

GETO Classroom A

**FREE  
EVENT**

## HYPO-HYPER THERMIC PATIENTS

### Physiology, Care, and Treatment

**SPEAKER:  
BILL  
MACKRETH  
MAT-SU EMS  
TRAINING**

Register via SWANK Events



Winter does not just bring snow and cold temperatures, it also brings enjoyable winter activities such as skiing, ice skating, snowmobiling, sledding, ice fishing, and snowshoeing. While these activities create lasting winter memories, they also have the potential to cause injury.

It is important for everyone enjoying the outdoors to know how to recognize when someone has been exposed to cold for too long, prevent cold-related emergencies, and be able to provide help when needed.

Conversely summer is a highly anticipated event and members often visit, PCS, or deploy to different climates. How do you know when too much heat is too much? And what do you do when its

What do environmental emergency related injuries mean and how do we treat them?

Are heat injuries even possible in Alaska?

Should I soak? Heat? Cool?



Heat and Cold emergencies can occur during daily workplace duties! Know what the signs/symptoms are!